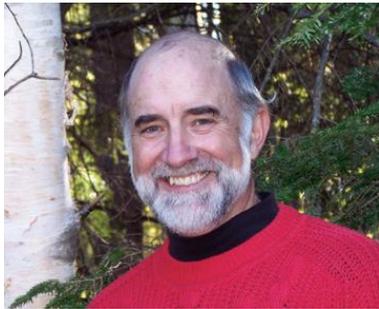


**FACILITATOR AND GROUP DESCRIPTIONS**  
**PASTORAL LEADERSHIP DEVELOPMENT GROUPS**  
**NH Conference, UCC**  
**Grace Scott Fund for Pastoral Care**  
**September 2017 – June 2018**

*NOTE: Association designations are location of group. You may choose any group to attend.*



**The Rev. Dr. William C. Brown - Merrimack Association**

Billy is an ordained UCC Minister, a Diplomate in the American Association of Pastoral Counselors (AAPC), and a NH Licensed Pastoral Psychotherapist practicing at Cornerstone Family Resources in Concord, NH. In addition to his full-time pastoral psychotherapy practice, he serves as a life coach and consultant. Also he leads clergy support groups including a group for new UCC pastors and the Pastoral Leadership Development Group (PLDG) meeting in Pembroke for the past nine years.

When asked to describe his group and leadership style, Billy says, "When facilitating professional groups, I pay attention to the needs expressed by group members. I am listening to their concerns in an attempt to find ways to be helpful. I am usually direct and, hopefully, concise with my questions for clarification. I will bring to the group experience a range of perspectives including systems theory, organizational development, conflict-resolution theory, and other ways of promoting growth for each group member. I attempt to bring no small amount of good humor and grace to the process as well."



**The Rev. Dr. Margaret B. Hess – Hillsborough Association & Merrimack Association (North)**

Meg is a NH Licensed Pastoral Psychotherapist practicing with the Emmaus Institute in Nashua, NH, and a Fellow in AAPC. An ordained American Baptist minister, she served as Minister and Interim Minister to ABC/USA congregations in Massachusetts and New Hampshire for over 20 years. Meg is on the faculty of Leadership in Ministry Workshops, which uses Bowen systems

theory as a lens to explore leadership development in religious institutions, and has been adjunct faculty in preaching at Andover Newton Theological School since 1983. She returns for the ninth year as a facilitator for the PLDGs.

Meg's group will use Bowen family systems theory to explore pastoral leadership in congregations. The format will combine didactic sessions on Bowen theory, case study presentations, and family diagram (genogram) work by the participants.



### **The Rev. Dr. David B. Reynolds – Carroll/Strafford Association**

David is Executive Director at Pastoral Counseling Services (PCS) in Manchester, NH, where he has worked for 28 years. As an ordained minister in the Christian Church (Disciples of Christ), a NH Licensed Pastoral Psychotherapist, and a Fellow in the American Association of Pastoral Counselors, he oversees the Clergy and Congregational Care Program at PCS, which provides psychotherapy, psychological testing, spiritual direction, and consultation for clergy and their families. David served 8 years in the parish before working in pastoral psychotherapy. He returns for his eighth year in

leading a PLDG.

The PLDG he leads will have three components: spiritual centering; check-in on the pastoral self; and case presentations by group members. To facilitate the process the group chooses a resource book that all read. Case presentations are modeled after the Narrative Approach (as developed the book, *Narrative Leadership* by Hester and Walker-Jones). Special attention will also be given to Murray Bowen's concepts of anxiety, triangles, reactivity, self-differentiation, and emotional process in the context of the congregation. The group decided to read *Healing Spiritual Wounds* by Carol Howard Merritt.



### **The Rev. Dr. P. Mark Watts – Rockingham Association (North)**

Mark is an ordained United Methodist minister who has been involved in pastoral psychotherapy for 30 years. He served Pastoral Counseling Services as President/CEO for 22 years before stepping down to provide full-time pastoral psychotherapy at PCS and his private office. He is a NH Licensed Pastoral Psychotherapist and a Fellow in the American Association of Pastoral Counselors. Mark returns for his ninth year as facilitator of a PLDG.

In his groups, Mark uses a case study format that incorporates systems and psychodynamic personality theories. This approach helps group members understand issues in the parish and pastoral leadership in a safe and confidential environment.



### **The Rev. Rebecca Maccini - Southwest Association**

The Rev. Rebecca Werner Maccini, pastor of the Congregational Church of Henniker, UCC, has been in pastoral ministry for 26 years. She has served churches in northern New England and abroad in these pastoral configurations: as an associate; co-pastor; bi-vocational/part-time; and full-time. She returns to the PLDG program after leading two previous groups.

Mentored by students of Murray Bowen and Ed Friedman, Rebecca has been studying Bowen family systems theory for 18 years. She has presented several times at the Vermont Center for Family Studies in Burlington, Vermont, and is on the faculty of Leadership in Ministry, leading residential workshops around the U.S. that train clergy to relate Bowen Family Systems Theory to their settings of ministry.

Rebecca offers the lens of family systems, which includes understanding triangles, congregational history, anxiety, and the pastor's familial history, as a way to frame pastoral ministry and leadership in a congregational setting. Family systems theory offers a way of 'seeing' emotional process. It also offers a way of understanding what is brought to pastoral ministry from oneself. In addition, the key concept of boundaries will be a focus, including self-regulation and clarity about where one's responsibility ends and another's begins. Bringing congregational case studies, doing family-of-origin work, utilizing genograms, teaching the theory, and theological reflection will be part of the group work.



### **The Rev. Robert Anderson – Merrimack Association**

Bob is a chaplain, educator, and ordained Reformed Church (RCA) minister with a background as a multi-faith pastoral caregiver, certified ACPE supervisor and APC hospital chaplain. Complementing his healthcare and mental health hospital ministry, Bob has extensive experience in consultation and training with congregations and clergy as well as leading educational support groups for newly ordained women and men. He has ministered in congregations and taught as adjunct faculty in pastoral theology at Yale Divinity School. While serving 7 hospitals in the northeast during his career, Bob specialized in community collaboration, medical ethics consultation, multicultural training, chaplain residency and supervisory education. Bob has twice held "dual standing" with a UCC conference and for 16 years was an active member of a UCC congregation in Connecticut.

As an educator and group facilitator I seek to foster a climate of mutual respect and support, to encourage diversity, mediation and voluntary growth in the learning circle, befriending the unexpected. Such a process is possible through relationship building, case review and content application, exploring interpersonal, group and systems dynamics, essential in congregational leadership and development." This is his first year leading a PLDG.