

**“Gratitude Texting Groups” –  
First Parish Congregational Church, United Church of Christ  
East Derry, NH**

At this busy time of Advent and Christmas, A New Thing Task Force highlights a simple, and yet effective, way to keep us grounded in thanks to God. Called “Gratitude Texting Groups” – East Derry has initiated wave of gratitude! Groups of 5 or 6 are established, and each day, each person sends one brief gratitude – one thing for which the person is grateful! When properly executed, each person sends one thing for which they are grateful AND they receive four messages from others with things for which they are grateful. Each and every day!

Sometimes gratitude groups become small Christian communities organically and pray for one another or even decide to socialize from time to time.

Contact Rev. Dr. Deborah Roof at East Derry Church if you are intrigued with this idea and would like to know more. [pastordeborah@fpc-ucc.org](mailto:pastordeborah@fpc-ucc.org)